

Introduction

Swimming NSW has developed a 'quick reference rule infraction card' to assist technical officials to write accurate infraction reports. It is not a substitute to a thorough understanding of the rules of swimming.

It is strongly recommended that officials:

- Review the rules prior to any swim meet,
- Periodically undertake a thorough review of the Rules for any changes or updates to the rules,
- Practice writing infractions themselves to develop the skill to accurately write infractions without reference to the 'rule infraction card'.

Officials are required to report an infraction to the referee promptly. When writing an accurate infraction report a technical official needs to consider the element or the key points of the rule. The infraction report would state what the Swimmer did to break the rule and **where** it happened. For example, after a breaststroke turn "Swimmer executed more than one butterfly kick after the 50 metre turn".

Swimming NSW Quick Reference Rule Infraction Card	
START	
Intentionally delaying the start	SW 2.3.2
Wilful disobedience	SW 2.3.2
Misconduct at the start	SW 2.3.2
Started before the starting signal	SW 4.3
Bending the toes over the lip of the gutter in backstroke	SW 6.1
Standing in or on the gutter in backstroke	SW 6.1
FREESTYLE	
Did not touch the wall at the completion of each length and at the finish	SW 5.2
Head did not break the surface at or before 15 metres after the start or turn	SW 5.3
Did not break the surface of the water throughout the race (except for not more than fifteen 15 metres after the start and each turn)	SW 5.3
BACKSTROKE	
Left the position on the back other than to execute a turning action	SW 6.3/6.5
Did not break the surface of the water throughout the race	SW 6.4
Head did not break the surface of the water at or before 15 metres after the start or turn	SW 6.4
Completely submerged at the finish	SW 6.4
Arm pull whilst off the back did not initiate the turn	SW 6.5
Executed more than one arm pull whilst off the back to initiate the turn.	SW 6.5
Did not execute the turn immediately after turning onto the breast	SW 6.5
Did not touch the wall during the turn	SW 6.5
Not on the back upon leaving the wall	SW 6.5
Did not touch the wall while on the back in his/her respective lane at the finish	SW 6.6

BUTTERFLY	
Body not on the breast (except when executing a turn)	SW 8.1
Not on the breast upon leaving the wall	SW 8.1
Arms not brought forward simultaneously over the water	SW 8.2
Arms not brought backward simultaneously under the water throughout the race	SW 8.2
Movement of the legs and feet not simultaneous	SW 8.3
Alternating movement of legs or feet	SW 8.3
Executed breaststroke kick	SW 8.3
Did not touch the wall with both hands separated and simultaneously at the turn/finish	SW 8.4
Head did not break the surface at or before 15 metres after the start and each turn	SW 8.5
Completely submerged (except for not more than 15 metres after the start and each turn)	SW 8.5
BREASTSTROKE	
Executed more than one butterfly kick after the start/turn	SW 7.1
Body not on the breast (except when executing a turn)	SW 7.2
Incorrect stroke cycle (not one arm stroke followed by one leg kick, in that order)	SW 7.2
Arm movements not simultaneous (or alternating movement)	SW 7.2
Arm movements not on the same horizontal plane	SW 7.2
Hands not pushed forward together from the breast	SW 7.3
Hands brought back beyond the hip line (except during the first stroke after the start and each turn)	SW 7.3
Elbows not under the water except for the final stroke before the turn, during the turn and for the final stroke at the finish	SW 7.3
Head did not break surface of the water during each complete stroke cycle (except first cycle after start and turn)	SW 7.4
Leg movements not simultaneous (or alternating movement)	SW 7.4
Leg movements not on the same horizontal plane	SW 7.4
Head did not break the surface of the water before the hands turned inward at the widest part of the second stroke after start or turn	SW 7.4
Feet not turned outwards during the propulsive part of the kick	SW 7.5
Executed a downward butterfly kick (except after the start and after the turn as in SW 7.1)	SW 7.5
Alternating kick	SW 7.5
Did not touch the wall with both hands separated and simultaneously at the turn/finish	SW 7.6
MEDLEY	
Butterfly /Backstroke/ Breaststroke swum in freestyle section of the medley	SW 5.1
Incorrect Individual Medley stroke order	SW 9.1
Incorrect Medley Relay stroke order	SW 9.2
Finish of each section not in accordance with the rules for the particular stroke (refer individual sections for the rules for that particular stroke)	SW 9.3

THE RACE	SW 10.1
Did not cover the whole distance of the race	SW 10.2
Did not remain and finish in the same lane as started	SW 10.3
Did not make physical contact with the end of the pool when executing the turn	SW 10.3
Took a stride or step from the bottom of the pool.	SW 10.4
The swimmer walked along the bottom of the pool	SW 10.5
Pulled on the lane rope	SW 10.6
Obstructed another swimmer by swimming across another lane or otherwise interfering	SW 10.7
Used or wore a speed/buoyancy/endurance aid	SW 10.7
Tape on the body is not approved by the Referee	SW 10.8
The swimmer not entered in a race entered the water in which an event is being conducted before all swimmers therein had completed the race	SW 10.9
Mixed relay did not consist of 2 males and 2 females	SW 10.10
Swimmer # feet lost touch with starting platform before preceding team-mate touched the wall	SW 10.11
Team member entered the water before all swimmers of all teams have finished the race	SW 10.12
Team member swam more than once in the relay team	SW 10.12
Relay team did not swim in the order listed	SW 10.13
Swimmer did not leave the pool at the end of their section of the relay	SW 10.13
Obstructed a swimmer who has not yet finished their race	SW 10.15
The swimmer used pace-making	SW 10.16
Leaving the water at the finishing point prior to being instructed by the Referee	

